



Far Western University
Faculty of Education
Bachelor of Education (B.Ed.)
Revised Course cycle (Health and Physical Education)

	Course Title	Course Code	Credits	Remarks
Sem. I	अनिवार्य नेपाली -१	C. Nep. 110	3	Communication
	Study Skills in English I	C. Eng. 110	3	Communication
	Philosophies in Education	Ed. 111	3	Professional
	Foundation of Health Education	Hp. Ed. 111	3	Specialization (2)
	Basic Human Anatomy and Physiology	HP. Ed. 112	3	
Sem. II	अनिवार्य नेपाली -२	C. Nep. 120	3	Communication
	Study Skills in English II	C. Eng. 120	3	Communication
	Developmental Psychology	Ed. Psy. 122	3	Professional
	Environmental Health Education	Hp. Ed. 123	3	Specialization (2)
	Foundation of Physical Education	Hp. Ed.124	3	
Sem.III	Study Skills in English III	C. Eng. 230	3	Communication
	Learning, Teaching and Assessment	Ed. Psy. 233	3	Professional
" "	Introduction to Curriculum	Ed. Cur. 234	3	Professional
	Maternal and Child Health Care	Hp. Ed. 233	3	Specialization (2)
	Athletics, Volleyball, PT and Drill	Hp. Ed. 234	3	
Sem.IV	Education and Society	Ed. 243	3	Professional
" "	Instructional Methods and Technology	Ed.Tech. 244	3	Professional
	Communicable Diseases and their Prevention	Hp. Ed. 245	3	Specialization (3+1)
	Health Promoting School	Hp. Ed. 246	3	
	Indigenous Games (Kho-Kho, Kabaddi & Local Game/Activity)	Hp. Ed. 247	3	
	Foundation of Health Education	Hp. Ed.M. 24.1	3	MC
Sem. V	Nepal's Study	Ed. NS. 352	3	Professional
"	Application of Statistics in Education	Ed. St. 353	3	Professional

	Non-communicable Diseases and Lifestyle	Hp. Ed. 356	3	Specialization (3+1)
	Sports Science	Hp. Ed. 357	3	
	Racket Games (Badminton and Table Tennis)	Hp. Ed. 358	3	
	Foundation of Physical Education	Hp. Ed.M. 35.2	3	MC
Sem VI	Educational Development in Nepal	Ed. 362	3	Professional
	Management of Health and Physical Education	Hp. Ed. 367	3	Specialization (3+2)
	Sexual and Reproductive Health and Rights	Hp. Ed. 368	3	
	Field Games (Football and Basketball)	Hp. Ed. 369	3	
	Environmental Health Education	Hp. Ed.M. 36.3	3	MC
	Athletics, Volleyball, PT and Drill	Hp. Ed.M. 36.4	3	
Sem VII	Diversity in Education	Ed. 472	3	Professional
	Professional Development in Health and Physical Education	Hp. Ed. 476	3	Specialization (3+2)
	Research in Health Promotion	Hp. Ed. 477	3	
	Approaches to Teaching Health and Physical Education	Hp. Ed. 478	3	
	Communicable Diseases and their Prevention	Hp.Ed.M. 47.5	3	MC
	Indigenous Games (Kho-Kho, Kabaddi & Local Game/Activity)	Hp.Ed.M. 47.6	3	
Sem.VIII	Alternative Thinking in Education	Ed. 483	3	Professional
	Teaching Practice/Practicum	Ed.TP. 484	3	
	Community Health	Hp.Ed. 485	3	Specialization (2)
	Sports Training, Officiating and Coaching	Hp.Ed. 486	3	

Summary Table

Type of Courses	Number of Courses	Credit Hours
Communication Skills	5	5×3=15
Professional	12	12×3=36
Major Specialization	20	20×3=60
Minor Specialization	6	6×3=18
Total	43	43×3= 129